

# Join Our Breastfeeding Club!



## Come be a part of our Breastfeeding Club a FREE mother-led breastfeeding support group!

Want to meet and talk to other breastfeeding mothers? Are you pregnant and want to learn more about breastfeeding?

At our Breastfeeding Club, you can share your experiences and learn from other mothers in a supportive, community-based setting. The club is FREE and a meal and fun giveaways will be provided. All moms are welcome!

We encourage moms to bring their babies, older children and supportive partners!

## Free meal & door prizes will be provided!

Our group meets from 6 p.m. – 8 p.m.

January 26<sup>th</sup>  
February 25<sup>th</sup>  
March 24<sup>th</sup>  
April 28<sup>th</sup>  
May 5<sup>th</sup>

Upper County Community Center  
Social Hall  
8201 Emory Grove Road, Gaithersburg, MD 20877

## Registration preferred, walk-ins welcome!

To register, call 800-542-5096

or visit [www.AdventistHealthCare.com/Calendar](http://www.AdventistHealthCare.com/Calendar)

