Black Mothers' Breastfeeding Club™



Join us for FREE mother-led breastfeeding support groups held monthly.

Share your experiences and learn from other mothers in a welcoming and supportive community setting. Pregnant and breastfeeding mothers will enjoy fellowship, sisterhood and breastfeeding support.

Mothers are encouraged to bring their babies and older children, as well as their supportive partners. Free meals will be provided!

Tuesday, April 28

11 a.m. – 1 p.m.

White Oak Community **Recreation Center**

1700 April Lane Silver Spring, MD

To register, call 800-542-5096 or visit www.AdventistHealthCare.com/Calendar





